



QUALITY
FOR YOUR HEALTH –
MADE IN GERMANY

Could It Be Type 2 Diabetes?

Type 2 diabetes can develop slowly and may go unnoticed for years. Early detection can help prevent serious health complications.

1.

ARE YOU EXPERIENCING ANY OF THESE?



Increased thirst



Frequent urination



Extreme tiredness



Blurred vision



Slow-healing wounds



Unexplained weight loss

You do not need to experience all of them. If you notice any changes, consult your doctor.

2.

RISK FACTORS FOR TYPE 2 DIABETES



Unhealthy diet



Overweight & obesity



Family history



Lack of Exercise



Smoking Tobacco



Other Medical Conditions

3.

WITHOUT TREATMENT, DIABETES CAN AFFECT...

Eyes

Vision loss

Feet

Foot ulcers & infections

Heart & Brain

Heart attacks & stroke

Kidneys

Kidney disease

Nerves

Numbness, tingling & loss of feeling

4.

DO YOU THINK YOU MAY HAVE IT?

- Regular check-ups and blood tests can help detect it early.
- Talk to your healthcare provider to find the right treatment.



Denk Pharma – Trusted by doctors, chosen for you.

Source: World Health Organization (WHO). Fact Sheet: Diabetes. 2024.



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